



**FACULTY OF CLINICAL SCIENCES**  
**COLLEGE OF MEDICINE, UNIVERSITY OF LAGOS**



# **13<sup>th</sup> Annual Scientific Conference & Gathering**

## **THEME**

**Environmental Virology,  
Exposomics and Epigenetics**

## **VENUE**

Old Great Hall, College of Medicine,  
University of Lagos, Idi Araba,  
Lagos State

## **DATE**

**WEDNESDAY 8<sup>TH</sup> JUNE 2016**

## **TIME**

**8.00 am - 5.00pm**

**• PROGRAMME & BOOK OF ABSTRACTS •**

## KNOWLEDGE, ATTITUDE AND PRACTICE OF FAMILY PLANNING AMONG RESIDENTS OF SOMOLU LOCAL GOVERNMENT AREA OF LAGOS STATE

AJAYI IA, ROBERTS AA, ABIOLA OA

*Department of Community Health and Primary Care, Faculty of Clinical Sciences, College of Medicine, University of Lagos*

Corresponding Author: Ajayi IA; Email: [Ajayi.ibironke5715@gmail.com](mailto:Ajayi.ibironke5715@gmail.com)

**Background and Objective:** The rate at which the population of the world is growing requires adequate and immediate attention. This is necessary to reduce the problem of social, ecological, economic and general welfare problems of all individuals. The good knowledge of family planning however has not been put to use and so we maintain poor figures with respect to our health. To determine the knowledge, attitude and practice of family planning among residents of Somolu Local Government Area of Lagos State.

**Materials and methods:** A cross-sectional descriptive study was carried out among two hundred and twenty (220) residents of Somolu Local Government Area. Data was collected using an interviewer-administered questionnaire on the socio-demographic characteristics of respondents, their knowledge, attitude and practices of family planning. Data collected was analyzed using Epi Info ® 7 software.

**Results:** The highest source of information was the hospital/clinic (50%). Knowledge was good (98.2%) but with poor attitude (46%). However, 55.9%, 85.5%, 84.5% of residents have not used barrier, hormonal or traditional

**Results:** respectively by choice. There were no significant associations with age, education or income but with marital status as the ever married people practiced family planning more than others.

**Conclusions:** Knowledge of family planning did not translate to a good attitude and use of effective family planning methods. More programs should focus on educating the community at local government level about the benefits of proper family planning practices.

**Keywords:** Family planning, contraception, Somolu

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